



Dr Adam Brown
Interventional and
General Cardiologist

Dr John Counsell
General Cardiologist

Dr Sophie Gettens
Cardiologist and Cardiac
Imaging Specialist

Assoc Prof Robert Gooley
Interventional and
General Cardiologist

Dr Betty Ho
General Cardiologist

Dr Rafi Huq
Interventional and
General Cardiologist

Dr Jack Krafchek
Electrophysiologist and
General Cardiologist

Dr Colin Machado
Cardiologist and
Electrophysiologist

Dr Nitesh Nerlekar
Cardiologist and Cardiac
Imaging Specialist

Dr Elizabeth Potter
General, Perioperative
and Heart Failure
Physician

Dr Christopher Webb
General Cardiologist

Nickola Norman Practice
Manager

Locations
Hawthorn East
Dandenong
Berwick

PATIENT DETAILS

PATIENT NAME

DOB

PHONE NUMBER

ADDRESS

CLINCS

- CARDIOLOGY CONSULTATION
- URGENT CHEST PAIN CONSULTATION (REVIEW WITHIN 48 HOURS)
- CARDIAC PREVENTION CLINIC
- PALPITATIONS / ARRHYTHMIA CLINIC
- WOMEN'S HEART CLINIC
- HEART FAILURE CLINIC

TESTS

Bulk-billed and 24-hour report turnaround time

- ELECTROCARDIOGRAM (ECG)
- TRANSTHORACIC ECHOCARDIOGRAM
- STRESS ECHOCARDIOGRAM (INCLUDES CARDIOLOGY CONSULTATION)
- HOLTER MONITOR 24-HOUR OR 72-HOUR
- CT CORONARY ANGIOGRAM / CALCIUM SCORE*

Non-rebateable

- 24-HOUR AMBULATORY BLOOD PRESSURE MONITOR
- CARDIAC MRI

* Non-specialist referral will require consultation to discuss suitability to be rebateable.

CLINICAL INFORMATION

REFERRING DOCTOR

NAME

PROVIDER NUMBER

PHONE NUMBER

DATE

SIGNATURE

COPY OF REPORT TO

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INFORMATION AND HOW TO PREPARE FOR AN ECG, ECHOCARDIOGRAM, STRESS ECHO, HOLTER MONITOR AND CARDIAC CT

ELECTROCARDIOGRAM (ECG)

An ECG is a commonly performed test which is a tracing of the heart rhythm. No special preparation is required and it is often performed during a consultation. ECG dots and leads are applied to the chest and data is recorded for 10 seconds and a report is prepared and returned to your doctor.

ECHOCARDIOGRAM

An echo is an ultrasound test to look at the heart muscles, valves and pressures. It is a non-invasive test using an ultrasound probe on your chest and abdomen while you lie on a bed. A bare chest is needed to allow the ultrasound to be performed, but you will wear a patient gown to keep you covered. The test is performed by one of our expert sonographers and will take approximately 30 minutes. The images are then reviewed by a specialist imaging cardiologist who will prepare the report and return it to your referring doctor.

STRESS ECHO

In a stress echo you are connected to an ECG and have a brief echo to begin. We then use exercise (walking on an inclined treadmill) to raise the heart rate. You are monitored the whole time for your heart rate, blood pressure and ECG. After exercise, we rush you back to the bed and take more echo pictures. We then compare these side-by-side to the pre-exercise pictures to see if there are any changes. An area that is not receiving enough blood will appear weak after exercise.

Preparation: Wear comfortable shoes and clothes for walking. A bare chest is needed to allow the ultrasound to be performed, but you will wear a patient gown to keep you covered. Bring a list of your medications. The test will take 30 minutes.

All our stress echoes are performed in the presence of a specialist imaging cardiologist who will consult with the patient and provide the results at the end of the test as well as any further follow-up needed.

HOLTER MONITOR

Holter monitors are frequently used by doctors to identify common heart rhythm disorders. The Holter monitor provides continuous ECG monitoring of your heart over a prolonged period, which usually varies between 24 and 72 hours.

You will have some ECG stickers stuck to your chest wall and these connect to the monitoring box which will hang loosely around your neck or clipped to waistband and can be easily worn under clothing. During the recording if you experience any symptoms, just list these down and the time it occurred on the diary sheet provided so we can examine the heart rhythm more carefully during these periods.

You are able to carry out normal daily activities but the monitor must not get wet. Once performed, each heartbeat from the ECG tracings are meticulously analysed by our experienced cardiac technologists and reports provided to your referring doctor.

CARDIAC CT

A cardiac CT is a non-invasive diagnostic test to directly image the arteries supplying blood to the heart to detect any narrowings. As we are taking a 'photograph' of your heart which is a moving object, we often supply you with some medications to slightly slow the heart rate to get smoother pictures during the photograph. You will also receive an iodine dye through an intravenous drip to 'light up' the heart arteries during the procedure. The actual test will take 15 minutes but with preparation, allow for an hour.

Cardiac CT is bulk-billed with a specialist referral. Non-specialist referral may require consultation to discuss suitability for CT which we can arrange in our prevention clinic.



visit our website for more information